

Inside this issue:

Director's Message 1
 Environment Concerns 2
 Native Hollies 5
 Aboriculture 6
 C.A.R. Pin 7
 C.A.R. Interest Survey 8
 Flowers of C.A.R. Conf. 9
 Awards & Recognition 10
 C.A.R. Conf. Awards 11
 Perennial Award Winner 13
 Xeriscaping 14
 Stately News 18

The Regional Review

Volume 1, Issue 3

January 1, 2012

DIRECTOR'S MESSAGE

GREETINGS

Kudos to Maryland for hosting a great Central Atlantic Regional Conference. Special thanks to the hard working chairmen and their committee people. We often forget how much effort is put into making a successful event and the number of people involved behind the scenes. Thank you all.

It was indeed a treat for me to renew old friendships with Maryland members that I had become acquainted with back when Judy Clemson and I were State Presidents together and enjoyed the Ocean City C.A.R. Conference.

It was a privilege to have our National President, Shirley Nicolai, (a former C.A.R. Director), with us for the entire event. Shirley's presentation to the C.A.R. Award of Excellence winner, Barbara Small, made the award that much more meaningful. This is an outstanding accomplishment and one of which to be proud, as only eight people can be so honored nationwide.

The opportunity for attending members to meet and discuss concerns in their chairmanship areas in a casual manner with other C.A.R. members brought forth suggestions and new ideas that will be mentioned in future conferences and small meetings. The privilege of presenting Director Certificates to honor committee chairmen is a small thank you for all that they did to make this C.A.R. event a success.

Garden Clubs' greatest asset is their ability to join community groups in a common cause. Beautifying town centers; creating community vegetable gardens; uniting services for a Blue Star Memorial Marker; joining school children, parents and teachers in a common cause for a program or school project are all part of Garden Clubs' pledge to NGC aims and objectives for a better tomorrow.

We are a force for good and all clubs and their members should be proud and praised for all their endeavors. This director is proud to attend garden club events where your accomplishments are on display. It is a treat to see the number of clubs who continue to raise funds to encourage our young people to further their education.

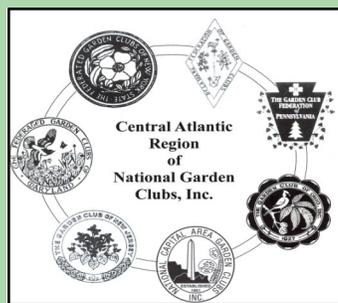
It would be remiss of me not to congratulate the C.A.R. Symposium Chairman and her committee for a truly successful symposium event with outstanding speakers, designers and a wealth of horticulture. It is a tribute to our former C.A.R. Director, Marilyn Whitmore, for first attempting this event and for those who wanted to continue her tradition.

I hope all of you had a joyous holiday season with family and friends. We look to the new year with new ideas and hearing about all the fun projects and accomplishments from all the states.



Gardening with Pride, Honoring Home, Community & Country"

Jeanne T. Nelson



**Linda Masland,
 FGCM President, with
 Jeanne T. Nelson,
 C.A.R. Director**

All copy is subject to cut/change.

The Regional Review is not responsible for any copy or advertising submitted or printed.

All material must be submitted to the Editor, Ruth Korn, at ruthkorn@verizon.net or 85 Fish Hawk Drive, Middletown, NJ 07748.

Environmental Concerns

Meet
Donna Pair
Chairman of
Environmental
Concerns



Environmental Concerns are the focus of several committees of C.A.R. involving topics such as Water, Bugs, Birds, Conservation, Air and Water Quality.

What follows will give you a glimpse into some of our concerns. These are concerns that we would like to see you become more involved with and develop similar programs at the state level.

Jackie Handley's article begins our discussion with air and water quality. Gail McGee's article about Lake Erie on page 3 certainly ties into National President Nicolai's Project for 2011-2013--"Protecting Our Aquatic Ecosystems." A focus on the term "watershed" brings with it a better understanding of an aquatic ecosystem. What started as a raindrop can become a flood and what seemed a good place to rid ourselves of waste material could create a crescendo of real damage to our watershed. Finally, Pat Rupiper discusses invasive species and noxious plants.

The garden clubs of the Central Atlantic Region have an opportunity to apply for a regional award for their water conservation projects. The detailed information is on the C.A.R. website at www.ngcCAR.org. Just click on "Special Projects" on the side menu.

Donna Pair
Environmental Concerns Chairman
Djpair1@gmail.com

Air and Water Quality



Shenandoah Mountains

While attending our families' reunion over the Thanksgiving holidays in the Shenandoah Mountains at Skyland Lodge and Cabins, it was remarkable to smell fresh air, drink cool spring well water and not be affected by light pollution. All of the plastic water bottles that had been brought by our children were refilled rather than opening new bottles. We stressed recycling and were pleased to see that the proprietors did too. Even the grandchildren remarked on being able to breathe in cool, crisp clean air.

Continued on Page 3

The stars were remarkable – very bright and not impacted by the lights of nearby cities. It truly made us appreciate the progress that have been accomplished to date by Congress and the EPA. But it was just as important for us to realize that as we press for more quality control, we must continue to move forward and not stagnate or fall backwards. We live on a beautiful planet. Let us keep it that way.

Try to develop a project on your state and/or local club levels. Look to your regional and national chairpersons for guidance when necessary. Use the information on state, region and national websites. Help us to exist in an environment that is a healthy one. The future is in our hands.

Jackie Handley
Air & Water Quality
Jhandley09@aol.com

Shallow Water-Deep Problems

Something is going wrong in Lake Erie. This means that something will be going wrong for the bordering states that are dependent on the economic and cultural health of the Great Lakes. Any problem that might be affecting all of the Great Lakes has the biggest and most obvious impact on Lake Erie, which is the shallowest of the five.

According to scientists, the mass of algae at the western end of Lake Erie, bordering Ohio, Michigan and Ontario, has probably set a new record. And the dead zones in the central part of the Lake may be the largest ever. The algae can choke out other life and as it dies off, create even more problems. Decaying matter takes up so much oxygen that none remains in the water for fish and other biological entities that need it.

Problems in the Lakes are not the result of industrial run-off but rather, agricultural run-off and weather issues. We are dealing with agricultural fertilizer issues but the weather is another problem.

Major downpours flushed the fertilized soil into the ecosystem and were certainly a factor in the algae growth. The torrential rains this fall, in the Binghamton, New York area alone, were enough to cover the entire state of Texas with a half inch of water!

How much soil washed away and unwittingly contaminated the tributaries leading into the lakes? Storm- induced overflows increasingly put more waste into the water-- again.

As visually beautiful as the Great Lakes are, beauty will have little value if the water cannot sustain life. The level of contamination in Lake Erie is reaching the critical point and this is a call for action.

Gail McGee
NYDistrict8@aol.com
Conservation/Water Species



Invasive Species & Noxious Plants

Why it matters!

I have been researching some of the multitude of Invasive Plant Species. Then I thought, why not start at the beginning. So I went to the Natural Resources and Conservation Service Website (www.nrcs.usda.gov) and started reading. If you look it up, you will find a PLANTS Database for the U.S. and its territories. This includes the names, plant symbols, checklist and lots of other hints to help you identify whatever plants you see.

Why is this important (why should you pay attention)? To quote them: “Many of today’s environmental challenges can be addressed through the use of plants. Plants hold soil in place, protect stream banks and shores, filter pollutants, offer food for livestock and cover for wildlife. They heal the land after a wildfire and after mining, floods and drought. They beautify our surroundings.”

Now, I realize that all of you know this; we are, after all, connected to nature even if it is only to enjoy what we see. If we want our descendants to have that same feeling of enjoyment, we need to work at protecting and renewing what we have.



Pat Rupiper

Daily, invaders are impacting our natural lands. Humans are destroying habitat in an astounding amount of acreage. Plant invaders are taking over wildlife food sources by leaps and bounds. Here in Ohio, during this past year, Kudzu (*Pueraria lobata*) was found alive and thriving! Did you know it is edible? Making it a taste treat might be the best solution.



KUDZU

If you look under publications at the NRCS Website, find your state and then a list will pop up with scientific and common names. Clicking on a name will link you to information and images of the plant. It is much better for each of you to seek and find than it is for me to pick just one plant you might not be interested in. Suggested controls are discussed. You can make a difference right in your own back yard. If we control the invasive plants, the endangered species will have a better chance of thriving. Woodland, fields, or stream banks all have their challenges.

I have started placing native plants and shrubs for wildlife back into the area. Elderberry (*Sambucus nigra*), and American Cranberrybush (*Viburnum opulus*) are just two. You can do the same in your own yards or public gardens that your clubs work in. Look up your state’s list of endangered plants and then try to find an approved supply source (Check with your Department of Natural Resources). Study the plant’s needs and then place the plant in the right spot.

Help nature thrive.

Pat Rupiper
Conservation/Endangered Species
arupiper@bright.net



Edible berries & flower of American Cranberrybush (*Viburnum opulus*)

Native Hollies for Winter Beauty

Winter is one of my favorite times of the year. Not so much because I like the cold weather, but because the garden appears to be frozen in time. In our fast paced, ever changing lives, this is a great attribute that we often fail to appreciate. All is at peace and the weary gardener can finally appreciate the garden and those plants which shine throughout this season. Since my youth, I have always enjoyed our native forms of evergreen and deciduous Hollies during the winter months, but I rarely see these plants used in gardens. This is an omission that we certainly hope to correct!

The genus name for Holly is *Ilex*. The exact derivation of *Ilex* is unclear, but it was the Latin name for the Spanish evergreen Holm Oak whose spiny juvenile foliage resembles that of a Holly. In 1753, Linnaeus provided the new botanical name of *Quercus ilex* for this Oak and *Ilex* as the genus name for Hollies. In the Eastern US, American Holly or *Ilex opaca* is probably the most recognized holly, especially in winter when its evergreen leaves demand attention. The species epithet of *opaca* means dark, dull or shady, referring to the dark green coloration of the leaves, which typically have a glossy sheen. The glossiness is due to a waxy epidermis, which protects the leaf from salt spray along coastal communities.



Native from Massachusetts to Florida and west to Texas, it is usually found growing along coastal areas as an understory plant. The habit is more open when grown in the shade but in the sun, the plants become much denser and attain a conical, often flat topped habit. Rutgers Gardens is home to one of the larger collections of American Hollies where they are grown as large 'shrubs', with the branches extending to the ground. However, they can also be 'limbed up' and made into an attractive tree. The plants easily grow to over 40' tall and up to 20' across, with optimal growth occurring in a soil that is well drained but moisture retentive.

The other major asset of *Ilex opaca* is the attractive fruit display. However, not all hollies produce fruit. Hollies are dioecious, meaning they have male and female flowers dedicated to individual plants. If you have a female plant but it lacks fruit set, you either lack a male plant within a 1/2 mile radius of your plant – an easy range for a honey bee – or you need a male plant whose bloom time coincides with that of the female plant.

There are a number of great cultivars of *Ilex opaca* on the market, several of which were introduced by Dr. Elwin Orton from Rutgers University. One of Elwin's favorite introductions is 'Dan Fenton'. Although named in honor of the gentleman who cofounded the American Holly Society, the plant is a female that boasts very attractive dark green foliage and good fruit production. Another great form is Portia Orton, named after Elwin's wife. Like Dan Fenton, it too has dark green foliage and fruits heavily each year. A number of yellow fruited forms are also on the market, but the old cultivar 'Boyce Thompson Xanthocarpa' is hard to beat.

Winterberry Holly, *Ilex verticillata*, is another holly native to the Eastern US. Verticillate means whorled, and describes the leaf orientation; the leaves actually rotate around the stem as they proceed from tip to base. Unlike American Holly, Winterberry Holly is a deciduous shrub, growing 10' tall by 12' wide. Although it is native to moist sites, it is very adaptable as to soil type and will tolerate



Continued from page 5

drier soils as well as moist. Like its cousin, it will tolerate light shade, but grows best and densest in full sun. Winterberry is ideally situated in front of an evergreen backdrop, allowing the bright red fruits to visually 'pop' through the winter.

Among the numerous Winterberry Hollies appropriate for the garden, 'Red Sprite' is a favorite of mine. Its compact height and spread of 5' makes it ideal for smaller gardens. The large fruits are over 1/4" in diameter and hold up well during the winter months. Larger, but equally handsome, is 'Winter Red'. Its size is typical of the species with copious, vivid red displays of fruit.

' Winter Gold' is another attractive form for the garden, yet oddly not that popular. It displays heavy yields of golden yellow fruit that literally glow in the winter garden.

Obviously, the winter garden would not be complete without evergreen foliage and festive fruit displays. It is nice to know that a plant native to our very backyard fulfills both of those garden needs and will hopefully be coming to a garden near you!



Bruce Crawford
Director, Rutgers Gardens

Arboriculture New Cultivars-Trees

A constant challenge is to grow better trees, those that can thrive despite soil compaction, air pollution, insect attacks and intense heat. Consumers seldom realize that the process of developing and testing of new cultivars may take 10 - 15 years before a new tree is released to the trade. New plant introductions undergo rigorous research, development and testing. To obtain facts about cold hardiness, heat tolerance and other cultural conditions, trees are tested in various locations throughout the country. Only after extensive plant research has taken place and the performance in sustainability in the urban landscape established, will these new cultivars be introduced to the market.

The following new cultivars will be available in Spring, 2012:

White Barked Himalayan Birch

Betula utilis var. *jacquemonti*

40' tall, pyramidal, spread 30', full sun. Zones 5-9

Beautiful white bark contrasts nicely with the deep green leaves. Upright form when young, then developing into an irregular rounded crown. The tree attracts butterflies.

Autumn Magic Black Chokeberry, Tree Form

Aronia melanocarpa 'Autumn Magic'

5 - 6' tall, spread 2' - 4', Upright. Full sun. Zones 3 - 7

Fragrant white flowers appear in May, followed by clusters of large, edible dark-purple berries, Persisting into high season. Incredible fall color of red and purple and tolerant of most soil types. Multi-season attributes will highlight any landscape

Shagbark Hickory

Carya Ovata 50 - 80' tall, spread 45 - 60', full sun. Zones 4 - 8 Shagbark Hickory's bark peels in long tough curls off the straight trunk. Maintains its central stem high into the narrow oblong crown. Green compound leaves become golden in early fall, eventually drying to a warm bronze. Hickory nuts are edible and enjoyed by people and wildlife.



Shaggy Bark

Continued from page 6

Pawpaw

Asimina triloba

15 - 25' tall, spread 12 - 18', Pyramidal to round form.

Part sun, moist location. Zones 5 - 8

Northern cold-tolerant common Pawpaw is a deciduous small tree. Its fruit is a large, edible berry similar in flavor to mango and banana.

Gotti Kelley

Improved Cultivars/Trees

cryptomera@aol.com



Flower of Paw Paw

A New National Project Plantings for Public and Special Places

This project is perfect for any size club, no matter their level of activity. It is meant to introduce and promote interactivity between your garden club organization and your community.

Briefly, the planting projects are divided into three areas:

Gardening with Edibles - a tasty and fun way to get your veggies

Container Gardens - a chance to think outside the box and/or barrel with whimsical and creative planting themes

Trees and Shrubs - a real impact maker that help to curb erosion as they beautify

The interactive award form is now ready! You can make go to www.gardenclubs.org and download the form. You can also find monthly tips under Project Planting at the website listed above. Fill out your form and send to Pat Rupiper, Susan Robinson or Lissa Williamson, depending upon which area you decided to tackle. We look forward to hearing from all of you!

Lissa Williamson

National Presidents Liaison

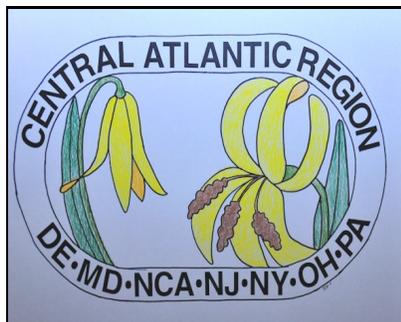
Special Projects & Committees 2011-2013

erw51@aol.com



Central Atlantic Regional Pin

While we are anxiously awaiting the arrival of the C.A.R. pin, I would like to take this opportunity to thank the artist for her outstanding creativity and her unique design. This design incorporates the "dog tooth violet," as the centerpiece. A very special "The Garden Club of New Jersey" member's talent when drawing floral and board. Our Ways & means Chairman, Club of New Jersey," has handled the with her usual panache and expertise.



patience while working with us to create a native wildflower, the "dog tooth violet," thanks to Tammy McEntee, a member of "The Garden Club of New Jersey." Tammy is a true artist and it is revealed in fauna that appears to step off the drawing. Carole Iuso, also a member of "The Garden Club of New Jersey," has handled the marketing and purchase of our C.A.R. pin. Many thanks to both of you.

Jeanne Nelson

C.A.R. INTEREST SURVEY**JUNE BUS TOUR**

Week of June 3 – 9, 2012, trip to Charleston, SC

“Home, Plantations & Gardens”

Choice: Yes _____ No _____ Minimum number: 40.....bus will take 50+

TRIP ONE (1)

6 days / 8 meals / person rates

Double Occupancy: \$ 980.00

Single Occupancy \$1308.00

Triple/Quad \$ 836.00

TRIP TWO (2)

7 days / 10 meals / person rates

\$1142.00

\$1470.00

\$ 998.00

DAY 1... Pickup NY, NJ, PA, DC / night in So. Virginia

SAME

DAY 2... Arrive in Charleston, SC.....visit to Market Place

SAME

DAY 3... Antebellum Mansions, the Citadel, scenic boat ride, Fort Sumter,
and visit Boone Hall, a working plantation,

SAME

**DAY 4...Touring Ashley River Natl. Scenic Byway; home to
Middleton Place & Magnolia Gardens Plantation**DAY 4....The Museum Mile, The Givves Museum of Art;
the Old Slave Market; 5 historic homes; visit High
Galleries of King St. & East Bay St.

DAY 5...Farewell to Charleston, SC; heading north

**DAY 5 ...Touring Ashley River Natl. Scenic Byway; home to
Middleton Place & Magnolia Gardens Plantation

DAY 6...Continue traveling north to home

DAY 6....Farewell to Charleston, SC; heading north

DAY 7.... Continue traveling north to home

All admissions, taxes & gratuities to hotel & restaurant personnel are included.**Motor coach comes complete with complimentary cocktails, soft drinks, snacks fun, games and “good times”.**

Please share with garden club members, family and friends. This is an opportunity to visit several places that most of us have only thought about. Amazingly, we already have 4 people signed up if it is a go.

Contact Jeanne T. Nelson as to : Yes or NO and TRIP 1 OR TRIP 2.....JTNELSON@OPTONLINE.NET

Flowers of C.A.R. Conference



~Join us in 2012~

AWARDS AND RECOGNITION



Central Atlantic Region



Barbara Small-winner of NGC Award of Excellence with Shirley Nicolai, NGC President



AWARDS PRESENTED AT 2011 CAR CONFERENCE

Baltimore, Maryland

OCTOBER 21-23, 2011

PUBLICITY PRESS BOOK AWARDS

Small Club (under 29 members)

3rd Place Minnowbrook GC, Mohawk NY, The Federated Garden Clubs of New York State, Inc., **Certificate**

2nd Place Shaker Farms GC, Cincinnati, Ohio, GC of Ohio, Inc., **Certificate**

1st Place Middletown-Odessa GC, Middletown, Delaware, Delaware Federation of Garden Clubs, Inc., **Certificate**

Medium Club (30-99 members)

HM The Sussex Gardeners, Rehoboth Beach, DE, Delaware Federation of Garden Clubs, Inc., **Certificate**

HM The Great Kills GC, Staten Island, NY, The Federated Garden Clubs of New York State, Inc., **Certificate**

3rd Place Town & Country GC of Louisville, Ohio, Garden Clubs of Ohio, Inc., **Certificate**

2nd Place Four Seasons GC of Kennett Square, Garden Club Federation of Pennsylvania, **Certificate**

1st Place Navesink GC, Red Bank, NJ, The Garden Club of New Jersey, Inc., **Certificate**

Large Club (over 100 members)

2nd Place Orchard Park GC, Orchard Park, NY, The Federated Garden Clubs of New York State, Inc., **Certificate**

1st Place Talbot County GC, Easton, MD., Federated Garden Clubs of Maryland, Inc., **Certificate**

District

1st Place District I, The Federated Garden Clubs of New York State, Inc. **Certificate**

Affiliate

1st Place Harrisburg Area Civic Garden Center, Inc., Garden Club Federation of Pennsylvania, **Certificate**

MEMBER AWARD OF HONOR NGC/CAR AWARD

2nd Place Paula Knepper, All Around Excellence, Conservation, Horticulture and Landscape Design, Woodley Gardens Garden Club, National Capital Area Garden Clubs, Inc., **Certificate**

1st Place Barbara Small, All Around Excellence and Youth Activities, Moonflower Garden Club, Federated Garden Clubs of Maryland, Inc., **Framed Certificate**

HIGH SCHOOL ESSAY CONTEST

HM Brandon Taylor, Garden Club Federation of Pennsylvania, **Certificate**

3rd Place Mikayla Brown, The Federated Garden Clubs of New York State, Inc. **Certificate**

2nd Place Miranda Beth Markowski, Garden Club Federation of Pennsylvania, **Certificate**

1st Place Tim Harding, Federated Garden Clubs of Maryland, Inc., **Certificate** and **\$100.**

POETRY CONTEST

PreKindergarten

1st Place Leonardo Dougherty, GC of Shelter Island, The Federated Garden Clubs of New York State, Inc., **Certificate**

Kindergarten

1st Place Keeley Catrino, Worcester County GC, Federated Garden Clubs of Maryland, Inc., **Certificate**

2nd Place Madelyn Hann, Highland Heights GC, Garden Club of Ohio, Inc., **Certificate**

Grade 1

1st Place Gavin Konigsdorffer, Moonflower GC, Garden Clubs of Maryland, Inc., **Certificate**

2nd Place Sarah Carlile, Highland Heights GC, Garden Club of Ohio, Inc., **Certificate**

3rd Place Myla Dougherty, GC of Shelter Island, The Federated Garden Clubs of New York State, Inc., **Certificate**

HM Ava Sellers, Belvoir GC, National Capital Area Garden Clubs, Inc., **Certificate**

HM Bailee Helster, Joyful Bloomers GC, Garden Club Federation of Pennsylvania, **Certificate**

Grade 2

1st Place Arusa Islam, Worcester County GC, Worcester County GC, Federated Garden Clubs of Maryland, Inc., **Certificate**

2nd Place December Seawood, Highland Heights GC, Garden Club of Ohio, Inc., **Certificate**

3rd Place Nicholas Mamisashvili, GC of Shelter Island, The Federated Garden Clubs of New York State, Inc., **Certificate**

HM Nathan Burke, Ingomar GC, Garden Club Federation of Pennsylvania, **Certificate**

Grade 3

1st Place Laura Kelton, Paumanacke GC, The Federated Garden Clubs of New York State, Inc., **Certificate**

2nd Place Rodolfo Llobet, Moonflower GC, Garden Clubs of Maryland, Inc.,

Certificate

3rd Place Ryan Carlile, Highland Heights GC, Garden Club of Ohio, Inc., **Certificate**

HM Rachel Haskins, Ingomar GC, Garden Club Federation of Pennsylvania, **Certificate**

Grade 4

1st Place Mason Fishell, Murrysville GC, Garden Club Federation of Pennsylvania,

Certificate

2nd Place Noah Shaffer, Worcester County GC, Federated Garden Clubs of Maryland, Inc., **Certificate**

3rd Place Heidi Arth, Chillicothe GC, Garden Club of Ohio, Inc., **Certificate**

Grade 5

1st Place Sophia Langana, Dix Hills GC, The Federated Garden Clubs of New York State, Inc., **Certificate**

2nd Place Daniel Garcia, Gardeners of Somerset Valley, The Garden Club of New Jersey, Inc., **Certificate**

3rd Place Emma Leigh Geraghty, Naval Academy GC, Garden Clubs of Maryland, Inc., **Certificate**

HM Rachel Hornung, Ingomar GC, Garden Club Federation of Pennsylvania, **Certificate**

Grade 6

1st Place Kathryn Terrezza, Warren GC, The Garden Club of New Jersey, Inc., **Certificate**

2nd Place Logan Gordy, Worcester County GC, Federated Garden Clubs of Maryland, Inc., **Certificate**

3rd Place Amanda Dicken, Chillicothe GC, Garden Club of Ohio, Inc., **Certificate**

HM Sophia Maltese, Ingomar GC, Garden Club Federation of Pennsylvania, **Certificate**

Grade 7

1st Place Sarah Kintner, Ingomar GC, Garden Club Federation of Pennsylvania, **Certificate**

2nd Place Regina Yu, Highland Heights GC, Garden Club of Ohio, Inc., **Certificate**

3rd Place Arman Zarnegar, Murrysville GC, Garden Club Federation of Pennsylvania, **Certificate**

HM Madelynn King, Worcester County GC, Federated Garden Clubs of Maryland Inc., **Certificate**

HM Peter Kropf, Garden Club of Shelter Island, The Federated Garden Clubs of New York State, Inc.,

Grade 8

1st Place Bailey Zalar, Chillicothe GC, Garden Club of Ohio, Inc., **Certificate**

2nd Place Alex Grove, Naval Academy GC, Garden Clubs of Maryland, Inc., **Certificate**

Grade 9

1st Place Alexis Elgin, Indiana GC, Garden Club Federation of Pennsylvania, **Certificate**

2nd Place Matthew Rosborg, Severn River GC, Garden Clubs of Maryland, Inc., **Certificate**

3rd Place Jonathan Snyder, Southern York County GC, Garden Club Federation of Pennsylvania, **Certificate**

Special Ed Grade 3

1st Place Abigail Faith Bruner, Indiana GC, Garden Club Federation of Pennsylvania, **Certificate**

SMOKEY BEAR/WOODSY OWL POSTER (all receive certificates)

Grade 1

1st Place Noah Gerling, The Federated Garden Club of New York State, Inc.

2nd Michael Lapurga, Garden Club of Ohio, Inc.

3rd Carolyn Mayo, Federated Garden Clubs of Maryland, Inc.

HM Jenny Park, Federated Garden Clubs of Maryland, Inc.

Grade 2

1st Place Samantha DeFabio, The Federated Garden Club of New York State, Inc.

2nd Harley Grover, Garden Club of Ohio, Inc.

3rd Kerington Loiczly, Garden Club of Ohio, Inc.

HM Grace Babowal, Delaware Federation of Garden Clubs, Inc.

HM Jake Gasperino, The Garden Club of New Jersey, Inc.

HM Olivia Pickering, The Garden Club Federation of Pennsylvania

HM Carson Sloat, Federated Garden Clubs of Maryland, Inc.

Grade 3

1st Place Olivia Flick, Garden Club of Ohio, Inc.

2nd Sophie Moniz, National Capital Area Garden Clubs, Inc.

3rd Timothy Lindstrom, The Federated Garden Club of New York State, Inc.

HM Jenna Morris, Delaware Federation of Garden Clubs, Inc.

HM Alyssa Nystrand, The Garden Club of New Jersey, Inc.

HM Jessica Zalus, The Garden Club Federation of Pennsylvania

HM Kay-C Galloway, Federated Garden Clubs of Maryland, Inc.

Grade 4

1st Place Julia Mueller, The Federated Garden Club of New York State, Inc.

2nd Madeline Aldes, National Capital Area Garden Clubs, Inc.

3rd Lyvvie Solomen, Garden Club of Ohio, Inc.

Continued on page 16

Perennial Award Winner-2011

Perennial Award Winner-2011



The Perennial Bloom Award winner from New Jersey and from the Central Atlantic Region is Frances Wismer of the Garden Club of Cranford. Frances has been a member of this club for over 60 years and continues to attend meetings and serve as Consultant to the club's flower shows and monthly competitions. She is currently a Master Judge Emeritus, NGC as well as a Life Member of NGC.

Her designs were featured in the "Vision of Beauty" calendar for over 25 years, and have included several "Flower Arranger of the Year" awards. In 1982 she received the first ever GCNJ Flower Arranger of the Year Award, the Helen Hull Silver Trophy and received the same award again in 1990. In addition, she was honored at the 69th GCNJ Annual Meeting with two Certificates of Merit for her 1995 Vision of Beauty cover design commemorating the 50th anniversary of the Blue Star Drive. She also received a commendation for her longstanding dedication to the objectives of the Garden Club of New Jersey.

She is a certified teacher of Sogetsu and Ikebana from the Houn Ohara School of Japanese Design. She is a charter member of Ikebana International's New Jersey and New York Chapters. Frances has also taught many workshops in floral design for garden clubs throughout the state and taught design classes at the Cranford Adult School for many years.

For 12 years, during World War II, Frances represented her club at Camp Kilmer Veterans Hospital where garden clubs throughout the state made arrangements and aided soldiers on a weekly basis.

Mrs. Wismer was one of 98 floral arrangers nominated to compete in The National Rose Tournament, sponsored by Jackson and Perkins and the Silver Guild of America. She finished second in the field of 14 arrangers from all over the United States.

She served on the Cranford Tree Advisory Board for over 20 years, as chair of the Cranford Horticulture committee for 9 years, the Cranford Beautification Committee, Cranford Air Pollution Committee and the Josiah Crane Park committee. She has received numerous citations and awards from the township for her work in the community. For over 40 years, Frances prepared arrangements for St. Michael's Roman Catholic Church for Sunday and holiday services.

The Garden Club of Cranford has honored her with two awards. The Frances Wismer Award is given to the person receiving the most points in a club flower show and another for the person who received the most points in monthly club competitions. She has served her club as president, 1949-50, as well as first vice president, second vice president, recording and corresponding secretary. Frances lives in her home in Cranford and is 98 years old and in good health.

On behalf of the Garden Club of New Jersey and the Central Atlantic Region, I congratulate her for living such a productive life and for sharing her many talents with us. It is our distinct privilege to have her as a member!

Vivian Morrison, President GCNJ

National Garden Clubs, Inc.

NATIONAL CONVENTION 2012--BUFFALO, NY --MAY 17, 18

“Match the Music”



Life Member Banquet - Design Program presented by NATIONAL FLOWER ARRANGERS
on “American Composers”

All Welcome!

XERISCAPING 2011



Ellen DeRicco

Xeriscape Chairperson

The American Heritage Dictionary defines xeriscape as “A trademark used for a landscaping method that employs drought-resistant plants in an effort to conserve resources, especially water.” Nature gives so much; xeriscaping helps her give even more. Originating in Colorado, xeriscaping is “Smart – landscaping.” It sounds simple and if you take the time and plan ahead it can be. Members of my garden club were asked to plan a landscaping project for a local RR station. It was a strip of land 170’ long by 30’ wide with a few standing trees and no irrigation available. Using native plants and the xeriscape method was the way to go with this strip of poor sandy soil.

Native plants do extremely well in your landscape. They were growing in your region for thousands of years without our help. Indigenous plants have adapted to the amount of yearly precipitation for your region. Many offer year-round interest and have interesting colors and shapes. Native grasses give movement and interest to your garden. Hard scapes such as rocks, stones and statues also add interest. Low maintenance is one benefit of a xeriscape planting. Who has the time for a high maintenance garden? With a xeriscape garden the water requirements are low and pruning and weeding should be minimal. Using your native plants will greatly reduce the need for added fertilizers or pesticides, producing a healthier garden and a healthier environment.

Plants with drought-tolerant attributes are recommended for xeriscape plantings. Sun exposure, shade and drainage should be considered when selecting plant material for a landscape. Group plants with similar water habits together. To this goal, drought-tolerant species include many attractive native alternatives. Also any plant, that makes it through a ten-day rainless period with no signs of outward stress, would be considered to be drought-tolerant in the C.A..R.. Region. Remember, native varieties are ideal choices for a xeriscape landscape planting.

Planting native plants will also provide food for the native wildlife and the many birds that depend on them for survival. Your native trees fill the needs of indigenous animals and birds. Often non-native species have fruit and berries that are too large for our smaller native birds to eat.

Do some research before you plant and your garden will bloom with ease and less water. Xeriscape yards typically use 30 -80 % less water than a conventional landscape.

Before planting, remember to improve soil structure by adding liberal amounts of organic matter such as compost or manure. Incorporate organic amendments 18” deep, if possible, in new beds or sprinkle on the surface of existing turf. Check the pH and apply lime if necessary. This will enable the plants to take advantage of nutrients already available in the soil.

Mulch holds down soil temperature and reduces evaporation, thus conserving water. The added mulch also insulates plant roots from the summer heat and winter cold and helps control weeds that compete with plants for moisture. To be effective, mulch needs to be several inches thick to reduce evaporation and prevents erosion. Consult your local Cooperative Extension service or your water authority for a list of drought-tolerant species that are ideal to plant in your area.

Protect your landscape investment by drought-proofing it. Reduce fossil fuel pollution by using less gas and oil to maintain a smaller lawn area. When reseeding or planting new turf, use water – saving species adapted to your area. Make your lawn sustainable. Mow it 3 inches high to shade the roots and retain moisture. Leave clippings on the lawn as a source of recycled nitrogen. Limit the use of fertilizer to reduce nitrogen leaching into ground and surface water. Apply no more than 1 lb. of nitrogen per 1000 square feet of lawn per application. Your area might be different but plan on fertilizing the lawn two to three times per growing season. This will have minimal impact on the environment and water quality and still provide sufficient nitrogen to preserve turf density.

Water conservation is the goal, so avoid overwatering. I can’t tell you how many times I have seen irrigation systems working when we had a good rain the night before. Soaker hoses and drip irrigation systems deliver water directly to the plant base. Remember it is best to water deeply and less frequently.

Create lasting beauty, xeriscape for today and tomorrow.



Student-led Farmers Market



Students and Teachers in Greenhouse



Studying the Forest.

Many Baltimore City (FGCMD District IV) Garden Clubs participate and support Great Kids Farms by volunteering, mentoring, fundraising and serving on their board. The emphasis on improving childhood nutrition is a very important aspect of our involvement.

Jackie Handley
jhandley09@aol.com

**G
R
E
A
T
K
I
D
S
F
A
R
M**

Ohio Environmental Studies School

Course Four; Series 3

Monday and Tuesday February 6 & 7, 2012
 Newport on the Levee, Newport, Kentucky 41071

Curriculum

Ecology: Water Wetlands
 Aquatic Plants Sustainability
 Aquatic Animals Youth Programs
 Supplemental Subject: Fracking
 Stewardship: Effective Citizenship

Cost

Refresher and Students: \$115
 Exams or Refresher Fee \$ 5
 Others: \$120

Fieldtrip: Behind the Scenes at Newport Aquarium (cost includes Aquarium entry)
 Educators: Aquarium & Wave Foundation, OEC Staff and more

Information and Brochures

Mary Ann Ferguson-Rich Ohio ESS Chairman
 1166 Broadview Road, Tallmadge, OH 44278
<mailto:mafr43@hotmail.com> 330-630-9625

Registrar: Pat Rupiper

arupiper@bright.net; 740-642-3682

Suggested Housing: Comfort Suites, Newport,
 KY 859-291-6700

HM Jake Yencik, The Garden Club Federation of Pennsylvania
HM Brianna Zink, The Garden Club of New Jersey, Inc.
HM Savannah Rumsey, Federated Garden Clubs of Maryland, Inc.

Grade 5

1st William Marshall, Garden Club of Ohio, Inc.
2nd Carmen Junco-Chavez, The Federated Garden Club of New York State, Inc.
3rd Heather White, The Garden Club Federation of Pennsylvania
HM Kaitlyn Harrington, The Garden Club of New Jersey, Inc.
HM Sean Meyre, The Federated Garden Club of New York State, Inc.

AMERICAN HORTICULTURAL SOCIETY REGIONAL PERENNIAL AWARDS

1st Place GC of Long Valley, The Garden Club of New Jersey, Inc., SFS "Fall Reflections", **Certificate** and **Rosette**.

CIVIC DEVELOPMENT OR IMPROVEMENT AWARD

Small Club (up to 25 members)

2nd Place Weeders & Seeders GC, The Garden Club Federation of Pennsylvania, **Certificate**

1st Place Elizabeth GC, The Garden Club of New Jersey, Inc., **Certificate** and **\$100**

Medium Club (26-50 members)

3rd Place Town and Country GC of Louisville, Garden Club of Ohio, Inc., **Certificate**

2nd Place Woodley Gardens Club, National Capital Area Garden Clubs, Inc., **Certificate**

1st Place Demarist GC, The Garden Club of New Jersey, Inc., **Certificate** and **\$100**.

Large Club (over 50 members)

HM Richmond-Evergreen GC, The Federated Garden Club of New York State, Inc., **Certificate**

3rd place Calvert GC, Federated Garden Clubs of Maryland, Inc., **Certificate**

2nd Place Gates Mills GC, Garden Club of Ohio, Inc., **Certificate**

1st Place Neshanic GC, The Garden Club of New Jersey, Inc., **Certificate** and **\$100**

ENVIRONMENTAL CONCERNS AWARD

Small Club

1st Place Castle Manor GC, Staten Island, New York, Federated Garden Clubs of New York State, Inc. Project: Monarch Butterfly project at school. **Certificate** and **\$100**

Medium Club

2nd Place Hollyberry GC, Federated Garden Clubs of Maryland, Inc., Project: "A Native Garden".

1st Place Navesink GC, The Garden Club of New Jersey, Inc., Project: "Rain Gardens: Why and How". **Certificate** and **\$100**

Large Club (over 50 members)

1st Place Gates Mills GC, Garden Club of Ohio, Inc., Project: Planted mature dogwood trees (*Cornus florida*) in memory of deceased members in 2009 and 2010. They were planted in village arboretum. They will help anchor the banks of the Charlin River where the arboretum is located. A Boy Scout troop planted 1,100 daffodil bulbs in the grove throughout the arboretum. **Certificate** and **\$100**

THE VIOLET S. THORON AWARD

1st Place Yacht Haven GC, Alexandria Virginia, National Capital Area Garden Clubs, Inc., Project: series of lectures on native plants. **Plaque** and **Certificate**

OUTSTANDING EDUCATIONAL EXHIBIT AWARD

HM – District II, National Capital Area Garden Clubs, Inc., **Certificate** Exhibit: SFS Carpe Diem, Ikebana

3rd Place Ayr Hill GC, National Capital Area Garden Clubs, Inc., **Certificate** Exhibit: Why and How of Planting Native Plants

2nd Place Ardsley GC, Federated Garden Clubs of New York State, Inc., **Certificate** Exhibit: Pressed Botanicals project and exhibit.

1st place Moonflower GC, Federated Garden Clubs of Maryland, Inc., **Certificate** and **\$100** "Living Walls, Container Gardens on a Large Scale"

JEAN LADSON OUTSTANDING ACHIEVEMENT AWARD

Small Club (up to 25 members) No entries this year.

Medium Club (26-50 members)

2nd Place– Shaker Farms GC, Garden Club of Ohio, Inc., **Certificate** Project: Garden of the Month award

1st Place– Somerset County GC, Federated Garden Clubs of Maryland, Inc., **Certificate** and **\$100**. Project: Gardening with women at a correctional facility.

Continued on Page 17

Large Club (over 50 members)

2nd Place (tie) Gates Mills GC, Garden Club of Ohio, Inc., **Certificate**
Project: 50 years of providing floral designs for library.

Rock Spring GC, National Capital Area Garden Clubs, Inc., **Certificate**

Project: Invitational Arrangements for Functions.

1st Place – Moorestown GC, The Garden Club of New Jersey, Inc., Project: Monthly junior garden club. **Certificate and \$100**

Group of Clubs

1st Place District I, Federated Garden Clubs of New York State, Inc., Project: Handicapped gardening with garden therapy. **Certificate and \$100**

Flower Show Schedule Awards

Small Standard Flower Show

2nd Place “Gardeners Go Green” presented by The Gardeners of the Junior League of Washington, National Capital Area Garden Clubs, Inc. **Certificate**

1st Place “Went To A Garden Party” presented by Moonflower Garden Club, Federated Garden Clubs of Maryland, Inc. **Certificate and \$50**

Petite Standard Flower Show

2nd Place “Memories of A Lady’s Manor” presented by National Capital Area Garden Clubs, **Certificate**

1st Place “In a New York Minute” presented by The Federated Garden Clubs of New York State, Inc. **Certificate and \$50**

Standard Flower Show- 1 club

3rd Place “Harborfields, Embracing Our Community” presented by Greenport GC, The Federated Garden Clubs of New York State, Inc., **Certificate**

2nd Place “A Summer Place” presented by The Skaneateles GC, The Federated Garden Clubs of New York State, Inc., **Certificate**

1st Place “Wings, Let Creativity Soar” presented by Gates Mills GC, Garden Club of Ohio, Inc., **Certificate and \$50**

Standard Flower Show- District

3rd Place “Olde Thyme Country Fair” presented by District II, The Federated Garden Clubs of New York State, Inc., **Certificate**

2nd Place “Carpe Diem, Seize the Day” presented by District II, National Capital Area Garden Clubs Inc., **Certificate**

1st Place “Flower Power”, presented by The Ninth District of the Federated Garden Clubs of New York State, Inc., **Certificate and \$50**

C.A.R. YOUTH EXCELLENCE AWARD

3rd Place Four Rivers GC and Members of the Torch Club, Annapolis Boys and Girls Club, Annapolis, Maryland, Federated Garden Clubs of Maryland, Inc., **Certificate**

2nd Place The Friends and Flowers Junior GC of Tuckahoe Elementary School, Arlington, VA, National Capital Area Garden Clubs, Inc., **Certificate**

1st Place The Rake and Hoe GC of Westfield, New Jersey, The Garden Club of New Jersey, Inc., **Certificate and \$50**

C.A.R. SCHOLARSHIP AWARD

Brian Matthew Kuntzmann, student University of Delaware, **Certificate and \$2500** Scholarship, sponsor: Delaware Federation of Garden Clubs, Inc.

PERENNIAL BLOOM AWARD

Award Winner is Frances Wisner, from The GC of Cranford, N. J., Garden Club of New Jersey, Inc., **Certificate and Tree Planting**

First Runner-up: Elizabeth (Libbey) K. Coffey, Member of the Dominion Valley GC of Fairfax Station, Va. and the Five Seasons GC of Vienna, Va., National Capital Area Garden Clubs, Inc., **Certificate**

YEARBOOK AWARDS – The presentation of CAR yearbook awards will begin in 2012.



Stately News

Stately News

2012

February 6-7 Ohio Environmental Studies School in Keyport, KY See article on page 15 of Regional Review.

March 4-11 Philadelphia Flower Show Theme: Hawaii

April 20-21 American Daffodil Society Convention & Show at Sheraton Baltimore North Hotel, Towson, MD.

April 13-15, 2012 FSS Course IV in Annandale, VA Registration is on National Capital Area website and the C.A.R. website

April 17-18-20 Landscape Design School, Holly House, East Brunswick, NJ 00815

April 24-25-26 FSS Course III at Comfort Inn, Bowie, MD, at intersections of Route 50 and 301. Registrar is Lou Whittington, PO Box 1386 Salisbury, MD 21802-1386. Instructors are Dottie Howatt-Horticulture and Julia Clevatt-Design.

Sande Wolf and Doris White are FSS Chairmen

May 16-20 National Convention in Buffalo, NY, Adam's Mark Hotel *

May 16-17 Pre-Convention Meetings

May 18, 19 Board of Directors and General Session

May 20 Tri-Refresher/Canadian Tour

June 3-9 National Garden Week

September 26-29 NGC Board Meeting, The Peabody, Little Rock, AR



National Convention--Standard Flower Show "An Empire of Wonders"

Entries: Wednesday, May 16, 2012-9 AM to 4 PM

Judging: Wednesday, May 16, 2012 6:30 PM

Ribbon Cutting & Presentation of President's Trophies:

Thursday, May 17, 2012- 11:55 AM

Opening of Show: May 17, 2012- 12 noon to 7 PM

To see a schedule or enter Horticulture go to
www.ngcCAR.org/www.gardenclub.org